



Xcel Silvers at Pine Valley Gym for their Training Camp

NEWS

Hello Everyone! Our Fall season is coming to an end in December. We hope you enjoyed your classes. I will send out an email regarding your child's evaluation and how to access it.

Parents day will be the last 15 minutes of class. You will be able to go into your child's class and see what they have learned.

Winter Registration will begin on December 1, 2025 at 10:00AM. We will be offering a variety of classes. Some have new names please see the list below:

Caregiver and Little Learner (18months-3 Years Old)
Little Learners Age 3
Little Learner Ages 4/5

COMPETITIVE NEWS

Our Competitive Athletes have been busy training. We will be hosting our Annual Mock Meet on January 17, 2026. This event is designed to help our athletes build confidence, practice their routines, and prepare for the competition in a supportive environment.



We are excited to welcome a new competitive coach Sarah Eddy. She has made such a positive impact in our gym so far. Coach Lily will be assisting Sarah as well.



FUNDRAISING



Our Purdy's Fundraiser came to an end. Please keep an eye on your emails as we will be sending pick up dates and time soon.

Have a fundraising suggestion send us an email at admin@fortsaskgymnastics.ca



Come see our Christmas Tree for the Enchanted Forest Display. Ours is currently at the Fort Saskatchewan Public Library.

Coach of the month



🌟 Coach of the Month: Coach Jake! 🌟

Ne are excited to celebrate Coach Jake as our Coach of the Month! Jake brings so much positivity, patience, and energy to every class he teaches.

Favorite Color: Blue

**Favorite Skill: Pullover

**Favorite Class to Teach: Boys Rec

**Outside of Coaching: Jake loves spending time with his family and friends

Thank you, Coach Jake, for everything you do for our athletes and our gym community. We appreciate you!

SPONSORS

We want to thank our Sponsors!

















Fort Gymnastics Club Phone number: (587) 285-3441 admin@fortsaskgymnastics.ca